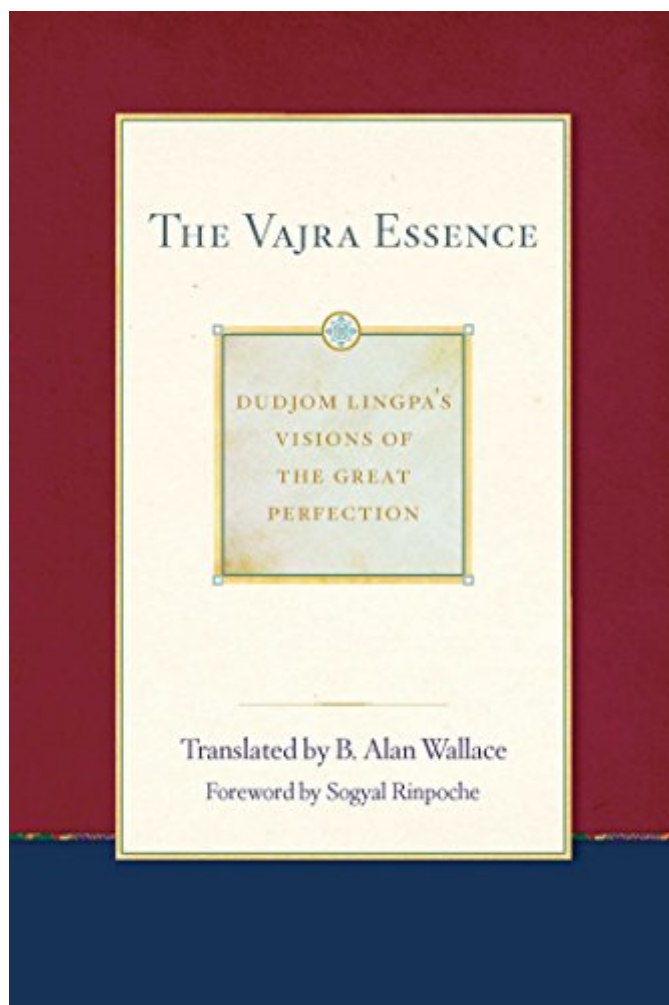


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The Vajra Essence (Dudjom Lingpa's Visions Of The Great Per Book 3)



Synopsis

A systematic presentation of the path of Dzogchen, the Great Perfection, by one of its most renowned proponents and rendered by a master translator. Dāḥāḥ djom Lingpa (1835–1904) was one of the foremost tantric masters of nineteenth-century Tibet, and his powerful voice resonates strongly among Buddhist practitioners today. The Ḥ Vajra Essence Ḥ is Dāḥāḥ djom Lingpa's most extended meditation on the path of Great Perfection, in many senses a commentary on all his other Dzogchen works. Dzogchen, the pinnacle of practice in the Nyingma school, is a radical revelation of the pure nature of consciousness that is delivered from master to disciple and perfected in a meditation that permeates every moment of our experience. Revealed to Dāḥāḥ djom Lingpa as a visionary Ḥ "treasure" Ḥ text in 1862, the Ḥ Vajra Essence Ḥ takes the reader through seven stages of progressively deeper practice, from Ḥ "taking the impure mind as the path" Ḥ up to the practice of Ḥ "direct crossing over" Ḥ (tāḥāḥgal). The longest of Dāḥāḥ djom Lingpa's five visionary works on Dzogchen, readers will find this a rich and masterful evocation of the enlightened experience. This is the first translation of this seminal work in any Western language, and B. Alan Wallace, with his forty-five-plus years of extensive learning and deep meditative experience, is one of the most accomplished translators of Tibetan texts into English. Ḥ Ḥ

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The writings of Dudjom Lingpa are true treasures. They offer unparalleled guides for understanding the mind and developing awareness and transcendent compassion.

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